

## TOP SHELF



NEWS FROM THE CENTRAL SERVICE OFFICE OF SOUTHERN COLORADO 4035 A CLUB MANOR DRIVE, PUEBLO, CO 81008 (719)546-1173 24/7 OFFICE HOURS MONDAY-FRIDAY 10AM - 4PM. CLOSED SOME HOLIDAYS.

CALL TO VERIFY

ANNOUNCEMENTS FOR NEWSLETTER MUST BE SUBMITTED TO E-MAIL BELOW BY THE 21ST OF EACH MONTH

#### **DISTRICT 8 NEWS**

UPCOMING KEY DATES

• DISTRICT 8 COMMITTEE MONTHLY
MEETING, MARCH 08, 2025,
1030AM AT CSO OR ZOOM

- DISTRICT 8 "HIT & RUN" TO HUGNUTS GROUP, MARCH 15, 2025, 5PM UNITED METHODIST CHURCH, LA VETA, CO
- AREA 10 SPRING ASSEMBLY MARCH 21-23, 2025, HILTON HOTEL, FORT COLLINS, CO

DISTRICT 8 STANDING COMMITTEE CHAIRS ARE BEING FILLED!

IF ANY DISTRICT 8 GROUP OR
MEMBER IS INTERESTED IN CARRYING
THE MESSAGE
THROUGH SUPPORT OF A SERVICE
COMMITTEE'S FOCUS AREA,
WE NOW HAVE SEVERAL
COMMITTEES ACTIVE AND READY TO
HELP FACILITATE!
PLEASE CONTACT YOUR GSR OR
DROP AN EMAIL TO
CODCM.AA.D8.A10@GMAIL.COM
AND WE WILL CONNECT YOU WITH
THE RESPECTIVE CHAIR

HERE ARE THE DISTRICT 8 CHAIRS
FOR 2025-2026
ARCHIVES -- LORI B
CORRECTIONS -- JOHN C
COOPERATION WITH PROFESSIONAL
COMMUNITY -- BILL C
HIT & RUN - CARLTON C
PUBLIC INFORMATION -- STEVE C
TREATMENT -- CARLTON C



So What Step are you working on today? I have a long-time friend in the program who has way too many years to mention. We often share stories about our past, which goes back almost 60 years. These stories include drinking days as well as living sober days. He married his high school sweetheart and they are still together. She is not a member of our fellowship but has been around him long enough to know when he needs a meeting and when he's not working and living the steps. He tells me that when he starts acting looney, one of the things she asks him is — "What step are you working on today?" That question really hits the nail on the head for me and, if you're honest with yourself, should have the same effect on you. How often when I display questionable behavior or think crazy thoughts do I stop and consider asking myself that question? My sponsor taught me to ask — "What would this situation look like if God were involved?" Once we begin to trudge the road of happy destiny, we find that everyday life presents us with challenges that go way beyond just not taking a drink that minute, hour, or day. This thing we call emotional sobriety is an area that I am still finding how little I know about it and how well I live it during tough times. Even after decades of sobriety, I am still learning how to live a better life so that those around me can also have a more pleasant experience when they are around me. It's easy to slip into thinking I'm doing ok and continue repeating the same behaviors. Early on I used to think that it was a good day as long as I didn't have a drink that day.

As I accumulated more time in sobriety I realized that there's way more to it than that. I've found that the 10th and 11th steps can be so very helpful when I want to honestly look at my behavior. What areas do I need to ask for God's help in removing those lingering defects that cause me and those around me problems? What vision can I form when starting my day to reinforce a loving and caring manner to live by and treat others with? As the day progresses and trouble arises, do I pause and ask for God's guidance? Am I living a spiritual life or are things just going my way? Once we have made a sustained effort of practicing these principles in all our affairs, those times when we are off the mark can really make us feel troubled inside. We know what it feels like to live life the way the steps teach us. My inner voice, which I believe comes from my Higher Power, lets me know when I'm on the mark or not. If I proceed throughout my day with the thought of increasing my conscious contact with God not only when trouble arises but also during the good times, I feel confident that I will continue to receive all the wonderful gifts that sobriety has to give me. Just like we always say, it works if you work it! When I do work it, I don't often have to ask myself what step I'm working on or what would this look like if God were involved. It's because I'm already doing that through living in the steps.

#### Jim D - Pueblo





# CSO NEWS



NEWS FROM THE CENTRAL SERVICE OFFICE OF SOUTHERN COLORADO 4035 A CLUB MANOR DRIVE, PUEBLO, CO 81008 (719)546-1173 24/7 OFFICE HOURS MONDAY-FRIDAY 10AM - 4PM. CLOSED SOME HOLIDAYS. CALL TO VERIFY

Does your group have any questions about topics in A.A.? Do you need information about maintaining anonymity on the internet or how the relationship with Al-Anon works? There are guidelines produced by AAWS that are written to help with these topics and many others. If your group is interested, the CSO has copies of the guidelines free of charge.

The Central Office's service area includes District 3, 6, and 8 (basically the entire southeast corner of Colorado. We are very interested in improving our contact with our entire service area. We are looking for ways to reach out to individuals and groups that find it inconvenient to come to us. If you have any thoughts on this matter, please feel free to call us at 719-546-1173 or email us at <a href="mailto:cspueblo@gmail.com">cspueblo@gmail.com</a>.

We always have need for volunteers who are willing to do 12th step calls, provide rides to meetings, or working with the Bridging the Gap committee. If you are interested or have any questions, please feel free to call us at 719-546-1173 or email us at <a href="mailto:csopueblo@gmail.com">csopueblo@gmail.com</a>.

#### **JANUARY 2025 FINANCIAL SUMMARY**

December 1, 2024 Balance \$2471.20

Revenue \$1193.53

Expenses (\$783.15)

December 31, 2024 Balance \$2881.58

Revenue \$1439.21

Expenses (\$1964.85)

Operating Funds 2/1/2025 \$2355.94

Prudent Reserve \$2500.00

Miscellaneous Fund \$1000.00

Note: The Prudent Reserve and Miscellaneous Fund are established by The CSO Charter. The Prudent Reserve is held to support office operations for 3 months (not including literature purchases) and the Miscellaneous fund is available for emergent purchases (for example, the office has to relocate).



## **FELLOWSHIP**



NEWS FROM THE CENTRAL SERVICE OFFICE OF SOUTHERN COLORADO 4035 A CLUB MANOR DRIVE, PUEBLO, CO 81008 (719)546-1173 24/7 OFFICE HOURS MONDAY-FRIDAY 10AM - 4PM. CLOSED SOME HOLIDAYS.

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### MARCH BIRTHDAYS

STEVE J 03/01/1997
PATTI B 03/03/2000
LORI B - 03/24/1991
DIANE G 03/25/1976
JOHN C - 03/26/2022
MARC C 03/26/1990
ROGER A 03/27/2024
CHRISTINE B - 03/27/1999



JOYFUL JOURNEY
SPEAKER MEETINGS ARE

THE 2ND AND LAST
FRIDAYS OF THE MONTH.
THE LAST FRIDAY IS A
POTLUCK, AND ON
FEBRUARY 28, OUR
SPEAKER IS CLIFF C., WHO
IS OUR CO-DCM.

DISTRICT 8 COMMITTEE HIT AND RUN EVENT
VISITING HUGNUTS IN LA VETA, CO
SATURDAY MARCH 15TH
DINNER AT 5PM MEETING AT 6
UNITED METHODIST CHURCH
410 S MAIN ST, LA VETA, CO, 81055

03

MAR

2025

(If I have your sobriety date wrong, or if you would like your date to be listed, send me a quick e-mail at newsletter.cso pueblo@gmail. com

S	M	Т	W	Т	F	S
2	PATTI B BIRTHDAY	4	5	6	7	steve J BIRTHDAY
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	LOR PAIRTH	IB DIA	40	27	28	29
- <b>30</b>	<b>31</b>		JOHN C MARC C BIRTHDA	CHRISTIN	ЕВ	